

ST PIUS X SCHOOL - JANUARY MENU

CHICKEN MONDAY	TACO TUESDAY	PASTA WEDNESDAY	HOT DIGGITY THURSDAY	PIZZA FRIDAY
2 NO SCHOOL	3 WG CHICKEN NUGGETS OR TOASTED CHEESE SANDWICH MASHED POTATOES STEAMED CORN TOSSED SALAD FRESH FRUIT	4 WG PASTA, PLAIN OR WITH MARINARA MEAT SAUCE OR LASAGNA CAESAR SALAD WW GARLIC ROLL FRESH FRUIT	5 HOT DOG ON A WW ROLL OR HAMBURGER ON A WW ROLL OVEN FRIES CARROTS TOSSED SALAD FRESH FRUIT	6 SAL'S PIZZA CHEESE PIZZA SPINACH SALAD CHICK PEA SALAD FRESH FRUIT
9 WG CHICKEN NUGGETS OR TOASTED CHEESE SANDWICH MASHED POTATOES STEAMED CORN TOSSED SALAD FRESH FRUIT	10 TACO TRIANGLES OR CHICKEN PATTY ON A WW ROLL BROWN RICE & BEANS BROCCOLI TOSSED SALAD FRESH FRUIT	11 WG PASTA, PLAIN OR WITH MARINARA MEAT SAUCE OR MAC & CHEESE CAESAR SALAD WW GARLIC ROLL FRESH FRUIT	12 ROASTED CHICKEN OR MEATLOAF MASHED POTATOES CARROTS APPLE CINNAMON DESSERT	13 SAL'S PIZZA CHEESE PIZZA SPINACH SALAD CHICK PEA SALAD FRESH FRUIT
16 NO SCHOOL MARTIN LUTHER KING JR DAY	17 TACO TRIANGLES OR CHICKEN PATTY ON A WW ROLL BROWN RICE & BEANS BROCCOLI TOSSED SALAD FRESH FRUIT	18 2 WG PASTA, PLAIN OR WITH MARINARA MEAT SAUCE OR WITH MEATBALLS CAESAR SALAD WW GARLIC ROLL FRESH FRUIT	19 HOT DOG ON A WW ROLL OR HAMBURGER ON A WW ROLL OVEN FRIES CARROTS TOSSED SALAD FRESH FRUIT	20 SAL'S PIZZA CHEESE PIZZA SPINACH SALAD CHICK PEA SALAD FRESH FRUIT
23 WG CHICKEN NUGGETS OR TOASTED CHEESE SANDWICH MASHED POTATOES STEAMED CORN TOSSED SALAD FRESH FRUIT	24 MEATBALL SUBS OR CHICKEN PATTY ON A WW ROLL BROWN RICE & BEANS BROCCOLI TOSSED SALAD FRESH FRUIT	25 WG PASTA, PLAIN OR WITH MARINARA MEAT SAUCE OR STUFFED SHELLS CAESAR SALAD WW GARLIC ROLL FRESH FRUIT	26 ROASTED CHICKEN OR HOT DOG ON A WW ROLL CRINKLE FRIES CARROTS TOSSED SALAD FRESH FRUIT	27 SAL'S PIZZA CHEESE PIZZA SPINACH SALAD CHICK PEA SALAD FRESH FRUIT
30 WG CHICKEN NUGGETS OR TOASTED CHEESE SANDWICH MASHED POTATOES STEAMED CORN TOSSED SALAD FRESH FRUIT	31 TACO TRIANGLES OR CHICKEN PATTY ON A WW ROLL BROWN RICE & BEANS BROCCOLI TOSSED SALAD FRESH FRUIT			

AVAILABLE DAILY

ASSORTED SANDWICHES TURKEY & CHEESE HAM & CHEESE SUNBUTTER & JELLY SUNBUTTER & FLUFF	ASSORTED SALADS CHEF SALAD WITH HAM, CHEESE AND HARD BOILED EGG OR TOSSED SALAD WITH CHEESE STICK BOTH SERVED WITH WW PITA	LOW FAT YORURT, FRUIT AND GRANOLA PARFAITS ALL LUNCHES SERVED WITH 8oz 1% OR SKIM MILKS
KETCHUP, SALSA, FAT FREE SALAD DRESSINGS	FRESH FRUIT OFFERED WITH ALL MEALS DAILY	8oz WATER BOTTLES SOLD FOR \$.50 EACH

FULL PRICED LUNCH \$2.75	REDUCED PRICED LUNCH \$.40