

ST PIUS X SCHOOL - OCTOBER LUNCH MENU

CHICKEN MONDAY	TACO TUESDAY	PASTA WEDNESDAY	HOT DIGGITY THURSDAY	PIZZA FRIDAY
3	4 TACO TRIANGLES OR CHICKEN PATTY ON A WW ROLL BROWN RICE & BEANS BROCCOLI TOSSED SALAD	5 WG PASTA, PLAIN OR WITH MARINARA MEAT SAUCE OR WITH MEATBALLS CAESAR SALAD WW GARLIC ROLL FRESH FRUIT	6 HOT DOG ON A WW ROLL OR ROASTED CHICKEN OVEN FRIES CARROTS TOSSED SALAD FRESH FRUIT	7 SAL'S PIZZA CHEESE PIZZA SPINACH SALAD CHICK PEA SALAD FRESH FRUIT
10 NO SCHOOL COLUMBUS DAY	11 GROUND BEEF WG TACO..... OR CHICKEN PATTY ON A WW ROLL BROWN RICE & BEANS BROCCOLI TOSSED SALAD	12 WG PASTA, PLAIN OR WITH MARINARA MEAT SAUCE OR LASAGNA CAESAR SALAD WW GARLIC ROLL FRESH FRUIT	13 HOT DOG ON A WW ROLL OR HAMBURGER ON A WW ROLL OVEN FRIES CARROTS TOSSED SALAD FRESH FRUIT	14 SAL'S PIZZA CHEESE PIZZA SPINACH SALAD CHICK PEA SALAD FRESH FRUIT
17 WG CHICKEN NUGGETS OR TOASTED CHEESE SANDWICH MASHED POTATOES STEAMED CORN TOSSED SALAD FRESH FRUIT	18 TACO TRIANGLES OR CHICKEN PATTY ON A WW ROLL BROWN RICE & BEANS BROCCOLI TOSSED SALAD	19 WG PASTA, PLAIN OR WITH MARINARA MEAT SAUCE OR STUFFED SHELLS CAESAR SALAD WW GARLIC ROLL FRESH FRUIT	20 HOT DOG ON A WW ROLL OR HAMBURGER ON A WW ROLL OVEN FRIES CARROTS TOSSED SALAD FRESH FRUIT	21 SAL'S PIZZA CHEESE PIZZA SPINACH SALAD CHICK PEA SALAD FRESH FRUIT
24 WG CHICKEN NUGGETS OR TOASTED CHEESE SANDWICH MASHED POTATOES STEAMED CORN TOSSED SALAD FRESH FRUIT	25 GROUND BEEF WG TACO..... OR CHICKEN PATTY ON A WW ROLL BROWN RICE & BEANS BROCCOLI TOSSED SALAD	26 WG PASTA, PLAIN OR WITH MARINARA MEAT SAUCE OR WITH MEATBALLS CAESAR SALAD WW GARLIC ROLL FRESH FRUIT	27 HOT DOG ON A WW ROLL OR HAMBURGER ON A WW ROLL OVEN FRIES CARROTS TOSSED SALAD FRESH FRUIT	28 SAL'S PIZZA CHEESE PIZZA SPINACH SALAD CHICK PEA SALAD FRESH FRUIT
31 WG CHICKEN NUGGETS OR TOASTED CHEESE SANDWICH MASHED POTATOES STEAMED CORN TOSSED SALAD FRESH FRUIT				

AVAILABLE DAILY

ASSORTED SANDWICHES TURKEY & CHEESE HAM & CHEESE SUNBUTTER & JELLY SUNBUTTER & FLUFF	ASSORTED SALADS CHEF SALAD WITH HAM, CHEESE AND HARD BOILED EGG OR TOSSED SALAD WITH CHEESE STICK BOTH SERVED WITH WW PITA	LOW FAT YORURT, FRUIT AND GRANOLA PARFAITS ALL LUNCHES SERVED WITH 8oz 1% OR SKIM MILKS
KETCHUP, SALSA, FAT FREE SALAD DRESSINGS	FRESH FRUIT OFFERED WITH ALL MEALS DAILY	8oz WATER BOTTLES SOLD FOR \$.50 EACH

FULL PRICED LUNCH \$2.75	REDUCED PRICED LUNCH \$.40